

U Care, Inc

October is Domestic Violence Month

September 2009

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Domestic Violence Month

October is National Domestic Violence Month. People all over the nation will be taking time out to remember loved ones who have perished at the hands of those they once loved most.

We take this opportunity to recognize those whom they left behind: children, parents, siblings, extended family, friends and communities. Please know that you are always in our hearts as we, at U Care, forge through each day striving to provide safety and peace to those who choose to follow your footsteps towards healing.

Thank all of you who support this mission through cash contributions, active advocacy efforts, silent prayers, or placing your lives in danger daily. None of you will ever know the magnitude of your giving, or the lives you have saved. Thank you.

Pamela Gonzalez
Executive Director



Did you know...

In 2008-2009 fiscal year, U Care, Inc. helped over 2,000 victims and their families. During this time operational needs have increased, while grants funds were cut, anticipating more cuts in the near future. Everyone in the community is needed to assist in the ongoing mission of U Care, Inc.

Mission Statement

***“To break the cycle
of
domestic violence
and
sexual assault”***

Services Provided

24 hour crisis line
emergency shelter
counseling
support groups
victim advocacy
transportation
Spanish translation

*‘The Bee Hive’ Thrift Store (proceeds benefit
victims and children)*

Education/Outreach Services including:

Displaced Homemaker
Program
Community Awareness
Volunteer opportunities
Professional Trainings
Abuser Treatment
Anger Management

***Hour Hotline
910-596-0931***



New Choices Program

October 5-16, November 10-21, and December 1-11 the New Choice Program will have food workshops. Healthy eating is very important for our diet workshop is designed to help participants learn about the latest trend and growing demand for sustainable and nutritious healthcare food. Attendees will learn about cost effective procurement strategies that emphasize health concerns that meet the unique needs of health care. Participants will also receive tools and references to help them implement innovative ideas into their food service and dietary programs.

By taking part in classes and food workshops, to not only learn about fruit and vegetables but, also how to use them to compliment their use with proteins, fats and carbohydrates. These are an important part of our daily diet. Food is very important for the growth and maintenance of a healthy body. We should take into consideration our likes and dislikes when buying, preparing and cooking food. This will save money and cut down on wastage. We should also try and use seasonal and local ingredients to keep Costs down and the less travelling fruit and vegetables have, gives a healthier product. This also helps global and local economy, Healthy eating is good for us and it is also fun. We also gain life skills.

Priscilla Allen,
Displaced Homemaker Coordinator
(910)596-0931
cilla28328@yahoo.com



Rotary Club Donates Money To U Care

U Care Board Chairperson Barbara Werner was recently presented a check for \$500.00 by Dempsey Craig from the Sampson County Rotary Club. The money was given to help with the shelters ever increasing need for assistance with client services. This assistance will go a long way in assuring there is a safe place for children and their mothers' to live. Thank you Rotary for supporting our cause!



Photographed Above from Left to Right: Barbara Werner, U Care Chairperson, Pam Gonzalez Director of U Care, Dempsey Craig, U Care Treasurer

UPCOMING CLASSES

"Adventures in Attitudes"

Every Wednesday

1-4pm

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*"Eating Healthy in the New Year"*

October 5-16

November 10-21

December 1-11

~~~~~

"Tax Preparation"

December 7-23

January 9-29

10am - noon

~~~~~

*"Computer Technology"*

Thursdays

1:00pm-4pm

For more information:  
Contact Priscilla Allen

## Holiday Giving Project

We will appreciate anyone's help in providing gifts for the children we serve. We did this last year and the families were very thankful. Some children wouldn't have gotten anything if it wasn't for the sponsors and U Care staff. If you are one of the sponsors, we would like to thank you.

If you are interested in helping this year, please contact



## Family Fun Day

The Second Annual Family Fun Day was sponsored by The Sampson County Association of Childcare Providers. It was held on August 15, 2009 at Royal Lane Park. The President of the organization Brenda Harrington planned the event again this year because so many community members enjoyed the first one. Over 300 guests attended the event through-

out the day to take part in the festivities. Children ages ranging from Infant to 12 years old were provided a vast array of activities from which to choose from throughout the day. There were many different forms of entertainment including a band, blow up bounce house, food and various games and activities sponsored by local agencies. U Care was one of

the many agencies represented at the event. Children visiting our tables had a choice of a stuffed animal compliments of the Bee Hive Thrift Stores or a coloring book and crayons. Parents were given literature about U Care's services and the child advocacy program for children of domestic violence. The children appreciated the gifts and seemed to have fun with



A little girl is playing with the stuffed animal she received from the U Care's Resource Table.

## ANNUAL COHAIRE TRIBE PO WOW

September 11-12, 2009 was a great weekend for the Pow Wow this year. The weather was beautiful for the one day two evening event. The Coharie Indian Cultural Council presented its 40<sup>th</sup> Annual Pow Wow with the festival honoring its Tribal Chief's, Elder of the year, and their Coharie Princess.

Indian dance competition, drum competition, ground blessing ceremonies were performed throughout the day in the native dress. Indian arts and crafts, Native American food, Gospel singing and vendors from the community were also present. The gymnasium was set up with various resources such health screenings, hopeworks for women, chiropractor services, weatherization projects, and U Care's domestic violence and sexual assault services.

Eva Prado, Sexual Assault Coordinator



## \$5,000 Cash Reverse Drawing



**Date: Friday, February 12, 2010**

**Time: 6:30 PM**

**Save The Date To Benefit**

**U Care, Inc.**

**The Domestic Violence & Sexual Assault Shelter for Sampson County**

### Each Ticket includes:

- Prime Rib Dinner for 2
- One Ticket for Cash Drawing

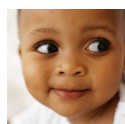
**Sponsored by the U**

**Tickets: \$100 each**

**Only 299 tickets sold**

**Contact:**  
596-0931 or 385-5096

**"LOVE  
SHOULDN'T  
HURT!"  
596-0931**



**Fact:**

**Last year U Care served over 971 children between the ages of birth to 12 years.**





## Association of Domestic Violence Outreach Stores ANNUAL RETREAT

Each year two sales associates are chosen from our local Bee Hive Thrift Stores to attend the ADVOS annual retreat. Lori Watson and Sue Hobbs from U Care's Beehive I and II recently attended the 3 day training held in Cary, NC.

The Conference was a great learning experience, and they had lots of fun meeting new people, listening to new ideas, becoming more aware of how important being a Domestic Violence Advocate. Lori and Sue learned very important information, and participating by sharing the great ways that Ms. Pam Gonzalez operates the Beehive's Stores. Some of the new inventive ideas were, a discarded window screen, spray painted-which could be use to displayed jewelry or other small items, setting up an information desk with flyers and business cards for the community outreach.

We truly enjoyed the fellowship of ADVOS employees and cannot wait for next years conference.

Sue Hobbs, Sales Associate



**New Fall Line Now Available**



**Alice McAllister straightening clothing**

The Beehive Staff would like to thank all the summer volunteers. Mrs. Newkirk, Jacquita Wilson, Devonte Thompson, Zaria Pridgen, Alice McAllister, Buddy Hobbs, Brenda Thornton and Donzy Faison thank you again for helping with the seasonal change of merchandise. During the month of October we are celebrating at both Beehive Stores it will be **National Domestic Violence Month**. There will be games, discounts and prizes during this month! Sabrina Thomas, Sales Associate



**The Beehive I**  
308 College St.  
Clinton Hours  
Mon-Fri 10am-5pm  
Sat 9am-3pm  
Tel Number 590-2160

**The Beehive II**  
301 Weeks St.,  
Newton Grove Hours  
10am-5pm Mon-Fri  
Sat 9am-1pm  
Tel Number 594-1999



## Children Get School Supplies From the Beehive

Local children from the community shopped at the Beehive, U Care's thrift store, for school supplies this August.

The kids loaded their shopping bags with notebooks, practice books, pencils and other items they would need. They were able to buy clean, quality, stylish clothing for back to school from the Beehive and beat the crowds at other local stores!  
Teresa

Zaria Pridgen



Isaiah Mc Clendon and Delontae Parker



**The Beehive  
Goes Green!**



*Going Green" is a phrase referring to the "pursuit of knowledge and practices that lead to more environmentally friendly and ecologically responsible decisions and lifestyles, thus helping protect the environment and sustaining its natural resources."*

The large trailer parked behind the Clinton Beehive Store, is being used for recycling purposes.

Occasionally we receive merchandise that is missing pieces or damaged during transit.

At one time we had no other choice but to trash such items. This was not only an expense to our stores but was adding to our local landfill.

Luckily we were offered an opportunity to help the environment while making a few cents for our efforts through recycling! Items such as: clothing, household, shoes, purses, belts, small toys, and flatware (dishes, pots, pans etc.) are placed in the trailer. *Please help us save the environment!*

Larry Robinson  
Sales Associate



## ***Sampson County United Way Fundraising Campaign Begins***

Winter is fast approaching. I always associate this time of year with preparing for the unpredictable weather we always seem experience. I'm more fortunate than most, I have a place to lay my head at night, food, and I have been blessed with three wonderful children. I often wonder about those less fortunate than myself, perhaps it is because of the work I do that I am more conscious of my blessings, then again, maybe not.

There is one thing for certain, our community would be hard pressed to find anyone more generous and helpful than our local United Way. When I attend the local agency meetings as I did today, I am always astonished at all the lives they touch in this community as silent advocates for so many causes.

I really don't think folks know how much good they do for this community, how many lives they touch or how much their efforts really contribute to improving the quality of life in Sampson County.

This year my pledge will not only be to make a donation to the United Way but I will make sure to tell everyone who comes in my path how the United Way has helped U Care. I encourage everyone to give something, even \$1.00 is a great start. Who knows it may be your dollar that goes to pay for the mammogram that detects someone close to you has cancer. The mammogram they would have never received because they couldn't afford one. It may be your dollar that helps provide a warm shelter and food for a little child who hasn't slept or eaten all day hiding with their mom from her abuser.

If it had not been for our United Way Boards concerns for victims of family violence in our area we would not have been opened some days last year and even this fall. While the state legislature and the Governor argued over passing the budget it was y o u r l o c a l United Way that kept our doors from closing.

Thank all of you for the tireless work that you do for our community.

Pamela Gonzalez, Executive Director



## **Can I Stop Being Abusive?**

If you are abusing your partner, the first and hardest part of ending the abuse is admitting that it is wrong. It is very important to take responsibility for the problem and get help to end it. If you have already taken this step, you are on the right track.

### **What Do I Need to Know?**

Changing abusive behavior is a long and hard process that you cannot do alone. It is extremely important that you get professional help to get through it. Though you may not know it, you rely on your beliefs and attitudes to justify the abuse. With help you can change these beliefs and learn how to treat your partner with respect. Remember that physical and sexual violence aren't the only types of abuse. You may be harming your partner in verbal or emotional ways, like through intimidation, threats, isolation, and other means of control. You should be taking steps to end all forms of abuse. It will take time to deal with this, but you must make the commitment to ending the abuse immediately.

### **What Can I Do?**

- Remember that violence is always a choice. There are no excuses for your violence and no one else to blame for your behavior.
- Focus on how your abuse affects your partner, family and children. Fully accept how seriously you have hurt the people you care about.
- Accept the consequences of your behavior. Your partner has the right to get help from police or the courts. You may face legal consequences for being abusive, either with jail time or a restraining order.
- Remember that you are not alone during this time. Your friends and family can support your wish to change and help you in difficult times.
- Respect your partner's right to be safe and healthy as you work toward change, even if this means you can't be together.
- Because change is hard, there may be times when you justify your actions or feel like giving up. Remember that those who really want to change are more likely to be successful.

Get help from a program that focuses on abusive relationships. A good program will help you end violent behavior and create a better relationship for you and your partner. Such help here in Sampson County can be obtained by attending INSIGHT Abuser Treatment Program. You can find more information about INSIGHT by calling 910-596-0931.

Elwood McPhail, Facilitator Supervisor

*U Care depends greatly on the generosity of its community. Their time, energy, and talents help our organization, staff, and clients immensely and are very much appreciated. Being a non-profit organization, U Care, Inc. depends on grants and local monies to survive in order to provide needed services. You can help by... becoming a volunteer, donating used clothing, household items and furniture to "The Bee Hive Thrift Store", become a financial contributor, help spread the word about our services, be aware of people who need our help and direct them to U Care, Inc. for assistance. Thank all of you for supporting us!*

## **CASH** **Contributions**

Ann H. Thornton  
Ann T. Turlington  
Anna Peele  
Anonymous  
Betty Butler Cole  
Bob Scarboro  
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First Baptist Church  
First United Methodist Church  
First UM Katryn Mitchun Circle  
Freeman Heath Sunday School Class  
Graves Mem. Presb/Circle #3  
Graves Memorial Presbyterian  
Hopewell UM Church  
Hopewell UM Women  
Milton Grove Missionary Baptist  
Mt. Moriah UM Women  
Oak Grove FWB Church  
Pleasant Union Christian Church  
Rowan Baptist Church  
Sampson Chapel Church of Christ  
Siloam Baptist Church  
St. Paul's Episcopal Church

## **Business**

Atlantic Forest, Inc.  
Carolina Eye Care Prof., PA  
Cato's  
Cruising Against Domestic Violence  
Eastpointe  
Hog Slat, Inc.  
Hubert Vester-Ford  
Mary Gran Nursing Center  
Pleasant Properties  
Venture Manor, Inc.

## **Clubs & Organizations**

Al Anon  
Clinton Rotary Club  
Network For Good  
Sampson Co. Medical Society  
SCC Educators  
SCC ESL Day Class Instructors

## **Annual Reverse** **Drawing Supporters**

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## ***Cont.....***

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| Barbara Rartagen               | Beverly Mallard       | Callie Bustamante   | Charlotte Hudson  | Crystal Faison                            | Debi Shramm         |
| Barbara Shook                  | Beverly Mott          | Cameron Sutton      | Auxiliary Club    | Curtis & Lori Barwick                     | Deborah Ammons      |
| Barbara Werner                 | Beverly Naylor        | Candace Hoffman     | Chase Piercy      | Curtis Croom                              | Deborah Bass        |
| Batonya Kenan                  | Beverly Perry         | Candace Taylor      | Chasity Poplin    | Curtis Lindsay                            | Deborah Bradford    |
| Bay Valley Foods               | Beverly Smith         | Carl & Bonnie Barr  | Cheri Lee         | Cyndi Cumbo                               | Deborah Horne       |
| Bea Rosales                    | Billie Crawford       | Carl Warren         | Chris Armwood     | Cynthia Boykin                            | Deborah Jackson     |
| Beatrice Gray                  | Billie Jo Aman        | Carla Best          | Chris Carter      | Cynthia West                              | Deborah Sessoms     |
| Beatrice Shaw                  | Billy Jackson         | Carla Johnson       | Chris Coats       | D.B. Kerr                                 | Deborah Thompson    |
| Becky Carr                     | Billy Wrench          | Carla Sutton        | Chris Doherty     | D.J. Sammons                              | Debra Reeves        |
| Becky Honrine                  | Blake Alderman        | Carlotta Boykin     | Chris Goodchild   | D.K. Spell                                | Deidre Middlebrooks |
| Becky Jackson-<br>Becky Prater |                       | Carlyle Eldridge    | Chris Sutter      | Dale Parrish                              | Delores Murphrey    |
|                                |                       | Carmen Edmundson    | Chris Williams    | Dale Weeks                                | Delsey Brewington   |
|                                |                       | Carol Horne         | Christa Wynn      | Dana Horne                                | Dempsey Craig       |
|                                |                       |                     |                   | Daniel Ruggles                            | Denise Daughtry     |
|                                |                       |                     |                   |                                           | Denise Garitt       |



|                        |                                  |                            |                              |                                    |                      |
|------------------------|----------------------------------|----------------------------|------------------------------|------------------------------------|----------------------|
| Denise Lamb            | Doug Westbrook                   | Emily Darden               | Frieda Williams              | Heather Matthews                   | Jane Smith           |
| Denise Merritt         | Douglas Brown                    | Emily E. Warren            | Friends for Animals          | Helen Barber                       | Janet Anderson       |
| Denise Moore           | Douglas Warren                   | Emily McKenzie             | G. Simmons                   | Helen Britt                        | Janet Longston       |
| Denise Pacheco         | Dwen Hudson                      | Emily Pope                 | Gail Gaine                   | Helen Faison                       | Janet Rosenberg      |
| Deniss Riley           | Dwight & Rebecca Tyndall         | Emily Wrench               | Gail Georgescu               | Helen Lee                          | Janette Green        |
| Denisse Romero         | Dwight Horne                     | Emma Boose                 | Gail Parker                  | Helen Tew                          | Janice Brown         |
| Dennis & Dianne Hudson | Earl Hatchell                    | Emma Jones                 | Gary Bass                    | Helen Ziolkowski                   | Janice Hudson        |
| Derinda Oglesby        | Earlene Holding                  | Emmitt Jones               | Gayle Barefoot               | Henry Hyman                        | Janice Keer          |
| Dewayne Dears          | Ebone Denise Sellers             | Eric Jackson               | Gayle Jordan                 | Hilda Sutton                       | Janice Kennedy       |
| Dexter Coleman         | Ebone Sellars                    | Erica Moreno               | Gayle Naylor                 | Holly Grove Presbyterian           | Janice Pittman       |
| Diana Vann             | Ebony Butler                     | Erin Lockamy               | Genelle Croom                | Hopewell United Methodist          | Janice Ramirez       |
| Diane Baggett          | Ed Hendrikson                    | Erin Springer              | Geneva Lewis                 | House Of Hope/First Baptist Church | Janie Troublefield   |
| Diane Cannady          | Ed Jones                         | Erin Thompson              | George Baggett               |                                    | Jasmin Brown         |
| Diane Ginthner         | Ed Purcell                       | Ervin Carlton              | George Monk                  |                                    | Jason Cotter         |
| Diane Godwin           | Edda Williams                    | Ester Fleet                | George Schwartz              | Imelda Fuentes                     | Jason Miller         |
| Diane Lambert          | Eddie Jackobs                    | Esther Blount              | Georgette Bert               | Immanuel Baptist Church            | Jason Smith          |
| Diane Westerbeek       | Eddie Pennell                    | Eunice Mote                | Gerald McLamb                | Inez Allen                         | Jason Williford      |
| Diane Zakariassen      | Edgar Carter                     | Eva McCall                 | Geraldine Rains              | Isabelle Barnette                  | Jay Henderson        |
| Dianna Kersey          | Edith Wiley                      | Eva Simmons                | Gina Powell                  | Iva Miller                         | JD Lee               |
| Dianna Smith           | Edna Knowles                     | Evelyn Brown               | Gladys Duncan                | J.B. Henderson                     | Jean Powell          |
| Dianne Boney           | Edna Sue Grantham                | Evelyn Joyce Daw           | Gladys Greenleaf-Lee         | J.R. Miller                        | Jeanette Evans       |
| Dianne Denning         | Edna Warren Wilson               | Evelyn Komegay             | Glam-O-Rama Cleaners         | Jack St. Clair                     | Jeff & Lorrie Wilson |
| Dianne Giddens         | Edna Wilson                      | Everett Harrell            | Glenda Park                  | Jackie Lane                        | Jeff Sawvel          |
| Dianne Tedford         | Edwina Peterson                  | Faith Barnett              | Glenda Revell                | Jackie Samgour                     | Jeff Testerman       |
| Dickie Smith           | Efren Boykin                     | Fannie Peterson            | Glenn Bradshaw               | Jackson Hewitt                     | Jeff Warren          |
| Dollar General         | Elaine Hunt                      | Farren Allen               | Glenn Spell                  | Jacqueline Ammons                  | Jenna St. Pierre     |
| Don & Donna Manley     | Elaine Jordan                    | Fausto Benitez             | Gloria Keran                 | Jacqueline Howard                  | Jennifer Bass        |
| Donald & Carol Wilson  | Elaine Mathis                    | Faye Ditch                 | Gloria Pietrolaj             | Jacqueline Oates                   | Jennifer Bradley     |
| Donald Darden          | Eldora Laws                      | Faye Massey                | Gloria Rubio                 | Jaimisson McPhail                  | Jennifer Daniels     |
| Donald Hall            | Eleanor Bradshaw                 | Faye Pearson               | Gloria Turner                | James Britt                        | Jennifer Dunbar      |
| Donald Manley          | Elizabeth Fluckey                | Faye Tyndall               | Gloria Underwood             | James Davis                        | Jennifer Ellis       |
| Donald Tyler           | Elizabeth Fortner                | First Baptist Church       | GMPC Circle #3               | James Dodson                       | Jennifer Little      |
| Donna Ellis            | Elizabeth Missionary Baptist Ch. | First Citizen Bank         | Gonzia Stevens               | James Holland                      | Jennifer Osborne     |
| Donna Herring          | Elizabeth Moore                  | First United Methodist Ch. | Grady Broadwell              | James Lewis Baker                  | Jennifer Perry       |
| Donna Kornegay         | Elizabeth Myers                  | Fran Miller                | Graves Memorial Presbyterian | James R. Williams                  | Jennifer Peterson    |
| Donna Smith            | Elizabeth Parker                 | Frances Hairr              | Greg & Amy Raynor            | James Royal                        | Jerome Janssen, Jr.  |
| Donna St. Clair        | Elizabeth Rogers                 | Frances Pate               | Gregory Ingram               | James Smith                        | Jerry Mack Lewis     |
| Donna Tyler            | Elizabeth Wells                  | Francine Wilson            | Gregory Simmons              | Jan Faison                         | Jerry McClarin       |
| Donna Williams         | Ellen Ebron                      | Frank Boyette              |                              | Jan Johnson                        | Jessica Jackson      |
| Donnie Barber          | Ellen Moody                      | Frank Harris               | Grey Honeycutt               | Jan Orban                          | Jessica Verona       |
| Doracely S. Zuniga     | Elma Honeycutt                   | Frank Logan                | Grove Park Baptist Church    | Jan Sinclair                       | Jessie Owens         |
| Doran Bouchard         | Elsie Kinlaw                     | Frank Moore                | Gwen Starling                | Jana McLamb                        | Jill Collins         |
| Dorenda Gilbert        | Elton Ray                        | Frankie Brown              | Hal Thornton                 | Jane Best                          | Jill Roder           |
| Doris Gore             | Elven Franklin                   | Frankie Owens              | Haywood Peterson             | Jane Brewer                        | Jillian Smith        |
| Dorothy Barksdale      | Elwood McPhail                   | Frankie Vann               | Heather Bonney               | Jane Dudley                        | Jim Croom            |
| Dorothy Davis          | Emily Barefoot                   | Franklin Knowles           | Heather Godwin               | Jane Marie Best                    | Jimmy Campbell       |
| Dorothy Herring        |                                  |                            |                              |                                    |                      |
| Dorothy Scrivner       |                                  |                            |                              |                                    |                      |

|                      |                      |                         |                   |                        |                            |                                 |
|----------------------|----------------------|-------------------------|-------------------|------------------------|----------------------------|---------------------------------|
| Jimmy Smith, Jr      | Juanita Faircloth    | Kent Davis              | Lelia Sutton      | Lynn Butler            | Marvin Starling, Jr.       | Michele Blanchard               |
| Jincy Wilson         | Juanita German       | Kerr School PTSO        | Lena Clark        | Lynn Cannady           | Mary B. Brown              | Michele Giddens                 |
| Jo A. Cannady        | Judith Harriett      | Kevin Ellis             | Lenora Miller     | Lynn Fields            | Mary Boykin                | Michelle Holland                |
| Jo Ann Cowles        | Judy Barefoot        | Kevin Peterson          | Leon Snead        | Lynn Haskin            | Mary Collins               | Michelle Perry                  |
| Jo Hall              | Judy Boykin          | Keya Capers             | LeRoy Fischer     | Lynn Webster           | Mary Crumpler              | Michelle Simmons                |
| Jo Warren            | Judy Cartrette       | Kim Britt               | Leslie Darden     | M. Jo Warren           | Mary Fennell               | Michelle Weeks                  |
| Joan & Thomas Grover | Judy Lee             | Kim Fann                | Leslie Thornton   | M. Smith               | Mary Fisher                | Miguel Rosa                     |
| Joan Bordeaux        | Judy Lewis           | Kim Houston             | Letha Lee         | M.E. Landscaping       | Mary Floyd Collins         | Mike & Angie Powers             |
| Joan Grover          | Judy McLamb          | Kim King                | Lettie Hunter     | M.R. Smith             | Mary Helen Taylor          | Millerd Owen                    |
| Joan Pelizza         | Judy Strickland      | Kim Mintz               | Lib Warren        | Mae Ellen Warrick      | Mary Horne                 | Millie Starling                 |
| JoAnn Cannady        | Judy West            | Kim Zoungrana           | Linda Boomer      | Mae Jones              | Mary J. Little             | Mindy Mock                      |
| Joann Melvin         | Judye Tart           | Kimberly Daj            | Linda Branch      | Maggie Williams        | Mary Kate Dudley           | Minnie Simpson                  |
| Joann Williams       | Juenita Lee          | Kiwanis Club of Clinton | Linda Cassell     | Maie Parker            | Mary Lou Faircloth         | Miranda Coble                   |
| Joanna Carr          | Julia Melcher        | Kizzy Weekes            | Linda Cole        | Marcia C. Holland      | Mary Purcell               | Miranda Hilburn                 |
| Joanne Murphy        | Julia Willis         | Kristi Williford        | Linda Combs       | Margaret Fratello      | Mary Star Tart             | Miranda Page Coble              |
| Joe Doherty          | Julie Moore          | Kristina Fann           | Linda Eldridge    | Margaret Jackson       | Mary Sue Warren            | Miriam Ellis                    |
| Joel Rose            | Julie Rosing         | Kristy Hobbs            | Linda Hasque      | Margaret Pearson       | Mary Upton                 | Miriam White                    |
| Joey Williford       | June Smith           | LaChelle Raynor         | Linda King        | Margaret Raynor        | Mary Weaver                | Miyotta Armwood                 |
| John & Betty Shine   | Justice Academy      | Lana Tew                | Linda Lanier      | Margie Willis          | Matthew Thornton           | Montane Robinson                |
| John & Sandy Marti   | Kami Baggett         | Lanie Powell            | Linda Matthis     | Margo Cooper           | Matthews Cards & Gifts     | Morgan Steed                    |
| John & Susan Rouse   | Karen & Jeff Smith   | Lara Wells              | Linda Partin      | Maria McKeon           | Mavis Cannady              | Mr. & Mrs. Dennis Riley         |
| John Ashford, Jr.    | Karen Coregay        | Larry & Marie Royal     | Linda Sorrell     | Maria Resendiz         | Maxton Underwood           | Mrs. Thurston Little            |
| John Connet          | Karen Nillis         | Larry & Sue Britt       | Linda Wilson      | Maria Resendiz         | Maylene Walker             | MS Mailbox Plus                 |
| John Garnett         | Karen Randleman      | Larry King              | Lindsay Caldwell  | Maria Teresa Hail      | McGill Enviromental System | Mt. Moriah UMC                  |
| John Hulse, Jr.      | Karen Tyler          | Larry Matthis           | Lindsey Reaves    | Mariana Hatcher        | Megan Daniels              | Mt. Vernon Baptist Church       |
| John McLaughlin      | Karla Darden         | Larry Warren            | Lindsey St. Clair | Marie Boyette          | Mel Weaver                 | Murray White                    |
| John Patterson       | Kathleen Hayes       | Larry White             | Lisa Carter       | Marie Royal            | Melissa Bass               | My linda Faircloth              |
| John Smith           | Kathleen Royal       | Larue Chappell          | Lisa Hall         | Marie Tyndall          | Melissa Hales              | N.B. West                       |
| John Williams        | Kathy Faircloth      | Latoya Boykin           | Lisa Smith        | Marilyn Carter         | Melissa Herring            | Nancy Brake                     |
| Johnnie Alphin       | Kathy Hayes          | Latoya Daughtry         | Lisa Stutts       | Marilyn Faircloth      | Melissa Paniagua           | Nancy Dillman                   |
| Johnny Tyndall       | Kathy Johnson        | Laura Francisco         | Lisa Watkins      | Marilyn Payne-Davidson | Melissa Perry              | Naomi & Sheila Roberson         |
| Jon Gregory          | Kathy Little         | Laura Honeycutt         | Liu Ward          | Mark Bryan             | Michael & Lisa Strickland  | Naomi Folger                    |
| Jonathan Darden      | Kathy Strickland     | Laura Pressley          | Lois Torres       | Mark Merritt           | Michael Barnett            | Natalie Jones                   |
| Jorge Rodriguez      | Katie Alvarado       | Laura Satterfield       | Lora Marshall     | Mark Mitchell          | Michael Daughtry           | Natasha Williams                |
| Jose Lopez           | Katie Deans          | Lauren Miller           | Lora Westbrook    | Mark Sternbach         | Michael Giddens            | Nathan Lee                      |
| Jose Vasquez         | Katie Vann           | Lauren Strickland       | Lora Williams     | Marim Pope             | Michael King               | Nea Kolakowski                  |
| Joseph Pino          | Katleen Gancer       | Laurie Chancy           | Loretta Carr      | Mark Bryan             | Michael Lindsay            | Ned Highsmith                   |
| Joy Byrd             | Katleen Smtihson     | Laurie Vreugdenhil      | Lori Smith        | Mark Mitchell          | Michael Norris             | Nell Butler                     |
| Joy Parker           | Kay Ann Miller       | LaVoice Faison-Stevens  | Lorrie Cannady    | Marleen Powell         | Michael Powers             | Nellie Westbrook                |
| Joyce Boykin         | Keith Mason          | Lawanda Jackson         | Lorrie Jackson    | Marquis Gillespie      | Michael Stevens            | New Beginnings Christian Center |
| Joyce Glosson        | Keitl Underwood      | Lea Ann Miller          | Lou Ellen Riggans | Marsha Jeffris         | Michael Valenti            |                                 |
| Joyce Hill           | Kelly Edwards        | Lea Buckthal            | Lou Weeks         | Marsha Tart            |                            |                                 |
| Joyce Reeves         | Kelly Turner         | Leatha Rorie            | Luanne Rose       | Marshall Jones         |                            |                                 |
| Joyce Warren         | Kelvis Tann          | Lee Weddle, Jr.         | Lucy Langston     | Martha Dunn            |                            |                                 |
| Joyce Whitfield      | Ken & Roberta Parker | Leigh Ann Jolly         | Lyn Butler        | Martha Manuel          |                            |                                 |
| Jr. Beta Club/ SMS   | Kenneth Ilaner       |                         | Lynda S. Williams | Martha Tew             |                            |                                 |
|                      |                      |                         |                   | Marvin Gerald Tadlock  |                            |                                 |

|                                                                                   |                                 |                                  |                                          |                               |                                        |
|-----------------------------------------------------------------------------------|---------------------------------|----------------------------------|------------------------------------------|-------------------------------|----------------------------------------|
| Newton Grove United Methodist                                                     | Peggy Caddis<br>Peggy Honeycutt | Rick Fowler<br>Rita Bryant       | Sadora Hayes<br>Salemberg Baptist Church | Shannon Hunter<br>Shannon Lee | Susan Corliss-Bland<br>Susan Hefferman |
| Nicholas Pope                                                                     | Peggy Jo Olson                  | Rita Corbett                     | Salemberg Elementary                     | Shannon Williams              | Susan Hunt                             |
| Nicole & Craig Blue                                                               | Peggy Jones                     | Roanoke Chapel Teen Class        | Sallie Adams                             | Sharon Avery                  | Susan Rose                             |
|  | Peggy Merritt                   | Robbie Thompson                  | Sallie Carlton                           | Sharon Herring                | Susan Sautter                          |
| Nida Renshaw                                                                      | Peggy Surles                    | Robert Brent McLamb              | Sallie Woodland                          | Sharon Lucier                 | Susan Shenton                          |
| Nikki Carroll                                                                     | Peggy Walker                    | Robert Brewer                    | Sam Williams                             | Sharon Millard                | Susan Waters                           |
| Nina Jackson                                                                      | Percy Phillips                  | Robert Carr                      | Sampson Chapel Church                    | Sharon Raynor                 | Susan Williamson                       |
| Nita Aiken                                                                        | Perry Gillespie                 | Robert Feagan                    | Sampson Co. Democratic Party             | Sharon Stafford               | Susannah Hobbs                         |
| Nora Westbrook                                                                    | Perry Solice, Jr                | Robert Holland                   | Sampson Co. Health Dept                  | Sharon Strickland             | Suzanne Shumaker                       |
| Nydia Gonzalez                                                                    | Pete & Christy Bustabad         | Robert Hudson                    | Sampson Co. Public Library               | Sharry Malpass                | Suzi Matthews                          |
| O.H. Duncan                                                                       | Phyllis Lee                     | Robert's Grove FWB Church        | Sampson County Angels                    | Shawn Gallaway                | Sylvester Wilson                       |
| Octavia Crumpler                                                                  | Pia-Jaba Anders                 | Robin & Connie Whitman           | Sampson County Girl Scouts               | Shawn Purdie                  | Sylvia Butler                          |
| Ola Mae Vann                                                                      | Precious Thomas                 | Robin Cole                       | Sampson County Schools                   | Sheila Bryant                 | Sylvia Sutter                          |
| Olivia Bullard                                                                    | Priscilla Culbreth              | Robin Cooper                     | Sampson Crisis Center                    | Sheila Ingram                 | Sylvia Wood                            |
| Olivia Navarro                                                                    | Priscilla Harris                | Robin Marley                     | Sampson Early College HS                 | Shelby Gay                    | Tamara Peterson                        |
| Oneta Manuel                                                                      | Priscilla Jackson               | Robin Massey                     | Sandpiper Restaurant                     | Shelia Steed                  | Tamara Shaw                            |
| Onita Marmol                                                                      | Priscilla Johnson               | Robin Matthis                    | Sandra Carter                            | Shelley Wiggins               | Tammie Jolly                           |
| Orlando Price                                                                     | R. Fletcher Pearson             | Robin Whitman                    | Sandra Maddox                            | Sheree McLamb                 | Tammie Underwood                       |
| Owens Home Furnishings                                                            | R.H. Hamilton                   | Rodney Hall                      | Sandra Mayo                              | Sherman Herring               | Tammy Blackman                         |
| Pam Booth                                                                         | Rachel Johnson                  | Roger & Sarah Blue               | Sandra Moore                             | Sherrie Baxley                | Tammy Duffy                            |
| Pam High                                                                          | Randice Raynor                  | Roger Gebhart                    | Sandra Wheeler                           | Sherry Bass                   | Tammy Heinzman                         |
| Pamela Carter                                                                     | Raquel Cervantes                | Ron Faircloth                    | Sara Lee                                 | Sherry Coombs                 | Tammy Howard                           |
| Pamela Corta                                                                      | Rasheed Ali                     | Ron Pressley                     | Sara Rosario                             | Sherry Royal                  | Tammy Jacobs                           |
| Pat Partridge                                                                     | Ray & Ardetta Cannon            | Ron Williams                     | Sarah & Roger Blue                       | Sheryl Ann Kimbro             | Tammy King                             |
| Patricia Burch                                                                    | Ray & Dawn Walls                | Ronald Pressley                  | Sarah Matthews                           | Shilley Williams              | Tammy Norris                           |
| Patricia Cherry                                                                   | Ray Cannon                      | Rosa Benitez                     | SC Partnership for Children              | Shirley Collins               | Tammy Richards                         |
| Patricia Gill                                                                     | Raymond Soto                    | Rosalind Kephart                 | SCC Early Childhood Educators            | Shirley Devane                | Tammy Simmons                          |
| Patricia Hunter                                                                   | Rebeca Rodriguez                | Rosalind O. Weeks                | SCC- Nursing Association                 | Shirley Holstein              | Tammy Sulse                            |
| Patricia Ruiz                                                                     | Rebecca Bridges                 | Rose Johnson                     | SCC-ESL Day Class Students               | Shirley Robinson              | Tammy Williams                         |
| Patricia Simmons                                                                  | Rebecca Parker                  | Roseboro United Methodist Ch     | Scott Sauer                              | Shirley Walker                | Tara Lucas                             |
| Patricia Spell                                                                    | Rebecca Thacker                 | Roseboro-Salemberg Middle School | Shajuana Sellers                         | Shonda Johnson                | Ted Bauman                             |
| Patricia Warren                                                                   | Regina Davis                    | Rosemary Herring                 | Shamekia Melvin                          | Smithfield Packing Plan       | Temika Jackson                         |
| Patricia Warrick                                                                  | Regina Fortune                  | Rosemary Massey                  | Shane Phipps                             | Sondra Livingston             | Teresa Faison                          |
| Patrick O'Neal                                                                    | Regina King                     | Rosita West                      | Shannon Contrell                         | Sonja Herring                 | Teresa Greyard                         |
| Patrick O'Quinn                                                                   | Renee Hall                      | Rowan Baptist Church             |                                          | Sonja Bell                    | Teresa Underwood                       |
| Patsy Surles                                                                      | Renita Butts                    | Roy Ferrell                      |                                          | Sonya Bishop                  | Teresa Ureson                          |
| Patsy Williamson                                                                  | Rev. Louie & Debbie Andrews     | Roy Hill                         |                                          | Sonya Strickland              | Terrie Westbrook                       |
| Patty Cherry                                                                      | Rho Omega Omega/ Sorority       | Royal Ambassadors                |                                          | South Johnston HS Key Club    | Terrie Westbrowne                      |
| Patty Hargrove                                                                    | Rhonda Evans                    | Ruby Bell                        |                                          | St. Paul's Episcopal Ch.      | Terry Jackson                          |
| Patty Jackson                                                                     | Rhonda Jessup                   | Rusell Parker                    |                                          | Stan Bentin                   | Terry Tew                              |
| Paula Caffry                                                                      | Rhonda Wooten                   | Rusty Boyette                    |                                          | Stephanie Herring             | The Women's Center of Fayetteville     |
| Paula Cardoso                                                                     | Richard Pope                    | Ruth Craig                       |                                          | Stewart Johnston              | Theresa Guy                            |
| Paula Darden                                                                      | Richard Warren, Jr.             | Ruth Pope                        |                                          | Sue Miller                    | Theresa Patterson                      |
| Paulette Herring                                                                  |                                 | Ryan Bradshaw                    |                                          | Sue Thornton                  | Theresa Wolford                        |
| Pedro & Sandra Febres                                                             |                                 | Ryan Malpass                     |                                          | Susan Cook                    | Thomas Bradshaw, Jr.                   |
| Peggy Brown                                                                       |                                 | Sabrina Reeves                   |                                          |                               | Thomas Starling                        |
|                                                                                   |                                 | Sadie Brookhouse                 |                                          |                               |                                        |

Tiffany Faison  
 Tiffany Smith  
 Timmy Williams  
 Timothy Dudley  
 Tina Cross  
 Tina Hunter  
 Tina Vaughn  
 Tom Burlington  
 Tom Hill  
 Tom Wainscott  
 Tomeka Blue  
 Tommy Bradshaw  
 Tommy Herring  
 Toneka Brown  
 Tony & Denise Rackley  
 Tonya Hobbs  
 Tracey Carter  
 Traci Johnson  
 Travis Anderson  
 Troop 975  
 UES PTO  
 Ulyses Boykin  
 Union High School SGA  
 Unity Presbyterian Church  
 Unknown  
 Valerie Coffey  
 Valerie Denning  
 Van Daughtry  
 Vanessa Bert  
 Vanessa Garcia  
 Velma Piercy  
 Vermell McNeill  
 Vermell McNeill-Blackburn  
 Veronica Brewer  
 Veronica Vann  
 Vicki Bowers  
 Vickie Newton  
 Victoria Newsome  
 Vila Reynolds  
 Violet Hall  
 Virginia Callahan  
 Walter Gaskins, Jr.  
 Walter Vaughn  
 Wanda Capers  
 Wanda Holder



*The Weekend of August 14, 2009 Eastern Baptist Association Summer Youth Teams volunteers at the shelter cleaning and making much needed repairs.*

*Thank all of you so very much for helping up! Eva Pardo*

Wanda Kelly  
 Wanda Robinson  
 Warren Park  
 Wayne & Rhonda Longston  
 Wayne Coleman  
 Wayne Edwards  
 Wayne Longston  
 Wayne Meadows  
 Wells Chapel Baptist Church  
 Wendy Giddens  
 Wendy Hall  
 Wendy Weaver  
 Wesley Reid  
 Wilda Barker  
 Wileen Santiago  
 Will Newton  
 Willena Wade  
 William Boone  
 William Packer  
 William Vann  
 William Welfare  
 William Williams  
 Willie Harriett  
 Willie Hobbs  
 Willie Mae Smith  
 Wilma Bass  
 Winda Hobbs  
 Women's Mission Group  
 Woody McLamb  
 Yesenia Fisher  
 Yvette McLamb  
 Yvette Ramirez  
 Zelma Thomasson



Some of the children saw that the shelter was could use items that they had at home. One child brought stuffed animals that she had at home to share with children that come to the shelter, another child brought an x box so any children staying could play video games.

Visit our Website  
[ucaredv.org](http://ucaredv.org)

#### Local Grants

Awarded this year

FEMA

Four County Cooperative  
 South River Co-Op United Way

Walmart

Congratulations on your new store in  
 Wallace, NC !

Thank you for supporting us!

#### VOLUNTEERS

Alice McAllister  
 Azucena Del Rio Diaz  
 Betsy Butler Cole  
 Brenda Thornton  
 Bruce Pate  
 Buddy Hobbs  
 Deborah Baldanza  
 Diane Baggett  
 Dorothy Scrivner  
 Edward Duke  
 Gertrudys Urena  
 Janice Ramirez  
 Jessica Hunter  
 Joe Phillips  
 Joey Denning  
 Juanita Faircloth  
 Kathy Denning  
 Mary Williams  
 Michele Toler  
 Rebecca O'Dell  
 Rodney Mott  
 Sandra Newton  
 Sean Simmons  
 Selena Bennett  
 Sessoms Jewelry Inc  
 Sharon Astanding  
 Shirley Lubotsky  
 Shirley Moore  
 Suzanne Shumaker  
 Sylvia Atkinson  
 Tammy Simmons  
 Tar Heel Challenge Academy





## Upcoming U Care, Inc. and Community Events

Breast Cancer Awareness Rally  
First Baptist Church  
October 10, 2009  
10am-12noon



23rd Annual Court Square Street Fair  
Saturday  
October 10, 2009  
4:00pm



Annual Domestic Violence Vigil  
Sampson Community College Activity Center  
October 26, 2009  
6:00pm



**Halloween Downtown  
Courthouse Square  
October 31, 2009  
6:00pm**

If you are in an abusive relationship and need help, call

**U Care, Inc. @ (910) 596-0931,**

**Toll free 1-877-602-7780 or the**

**National Domestic Violence Hotline @ 1-800-799-SAFE (7233)**

**or TYY 1-800-787-3224 for the hearing impaired.**



### DO YOU ROLL OVER AND PLAY DEAD?

My oldest daughter was 10 years old when she found a stray dog at the dump down the road from our house. She stated that when she spoke to the dog it just rolled over on its back and laid there. After a while it finally followed her home. The stray was approximately 6 months old and in very poor condition. The dog's name became Lady Bell. We loved and cared for her a little more than 13 years then she passed. During Lady Bell's life we did have some behavioral problems; due to the abuse she had suffered in the past. We could not walk her on a leash, ride her in a car, or talk loudly around her without her rolling on her back and just lying there paralysed with fear. We tried many different things to show her she did NOT have to be afraid. Despite all our efforts nothing helped her overcome her past. We loved her and accepted her. The damage that was done to her was great, but she did learn to love again. That is what happens to people of abuse they live on and say nothing. Just like Lady Bell but they learn to "Roll over and play dead"

Are you rolling over and playing dead? If you answer YES to any of the following questions YOU ARE ROLLING OVER AND PLAYING DEAD?

1. Were you abused in your past and have not reported it?
2. Are you being abused at this time and have not reported it?
3. Has anyone told you they were abused and you have not reported it?
4. Have you seen anyone being abused or neglected and have not reported it?
5. Are you hurting someone and have not asked for help?

Stop the cycle. Reporting abuse and getting help is the only way to stop it. The earlier abuse is stopped the less damage is done to someone's life.

Please do not shut your eyes and ears to the signs and symptoms of abuse.

Where to report abuse: **U-Care (910) 596-0931**



Dedicated to Lady Bell your suffering was not in vain. You are still touching lives.

*My prayer for you is that someday you will be able to learn to love and trust again.*

*A Survivor*

Local Sampson County Survivor



## Crystal Coast Cruisers Sponsor 2nd Annual Bike Ride “Cruising Against Domestic Violence”

On Saturday September 12, 2009 the 2<sup>nd</sup> Annual Bike ride for U Care called “Cruising Against Domestic Violence” was held. It was sponsored by the Crystal Coast Cruisers MRC of Sampson County. Go Chevrolet in Clinton donated the space for the day long event.

The Bike ride began as a senior project of Brittney Smith. She was a child survivor of Domestic Violence. When she was 4 years old her family sought the help of U Care to make sure she never would have to live in fear again.

Brittany, now a freshman in college, was honored by the bikers when they adopted her project as a annual event and coordinated everything for her this year. She hopes that they will continue her efforts as the event gets bigger and better every year, bringing more and more awareness to the community on the affects of domestic violence on children.

The bike ride began at 11am. For those who did not ride, Bar-B-Que plates were available. The event also included a live band, airbrush booth, door prizes, wrestling, raffles, and other entertainment for adults and children. The “Cruising Against Domestic Violence” Bike Ride was an



**In Honor Of Their “Baby Girl”**



Above Left to Right: Alena, U Care Child Advocate, Brittney, Pat Grandmother, Angie U Care Bookkeeper.

U Care Boardmembers Barbara Werner, Chairperson, Dempsey Craig, Treasurer, and Brenda Warren, Secretary are pictured thanking the CCMRC for their much appreciated support. .

The Crystal Cruisers MRC, the group who hosted the “Cursing Against domestic Violence” event, presented the money raised from the event to U Care’s Pam Gonzalez, director, along with members of the board received the money from Crystal Coast Cruisers.



The event raised over four thousand dollars for U Care. Events like this one held for U Care raise money that aids in helping meet the goals for servicing the community. The Crystal Coast Cruisers MRC were excited to be able to have raised so much for the organization





24 Hour Crisis Line  
Emergency Shelter  
Post Office Box 761



Non-Profit  
Organization  
U.S. Postage  
Paid  
Clinton, NC  
28329



**Love Shouldn't Hurt**

**U Care, Inc. is now on facebook.com**  
**Join and become a fan!**

*U Care, Inc. is a private non-profit organization dedicated to providing assistance and support to victims of domestic violence and sexual assault in Sampson County. We operate through grants and private donations. All donations are provided documentation for tax deduction purposes.*

***YOUR SUPPORT IS ALWAYS  
NEEDED!!***

**YOU Can Help STOP Domestic  
Violence and Sexual Assault.**

**HERE'S HOW YOU CAN HELP!**

- ☐ Yes, I want to become a volunteer!
- ☐ Yes, I want to volunteer at the "The Bee Hive Thrift Store!"
- ☐ Yes, I want to become a contributor! I am sending \$ \_\_\_\_\_
- ☐ Yes, I would like to be an emergency helper. (Provide fresh foods/or supplies for victims in the shelter).

**FOR MORE INFORMATION ON HOW YOU  
CAN HELP CONTACT:**

U Care, Inc.,  
P. O. Box 761,  
Clinton, NC 28329  
(910) 596-0931

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